

MORE THAN JUST A HEADACHE



MIGRAINE DISEASE

A common and disabling neurological disease in which a person has had 5+ migraine attacks



MIGRAINE ATTACK

Severe head pain lasting 4–72 hours and often with symptoms such as nausea, vomiting, dizziness, and sensitivity to light and sound

MIGRAINE TYPES

CHRONIC

15+ headache days per month for at least 3 months in a row

EPISODIC

Fewer than 15 headache days per month

MENSTRUAL

Attacks occurring a few days before or during menstruation

WITH AURA

Attacks with sensory disturbances like flashing lights

DISEASE BURDEN AND BARRIERS TO CARE

#2

leading cause of global burden of disability

90%

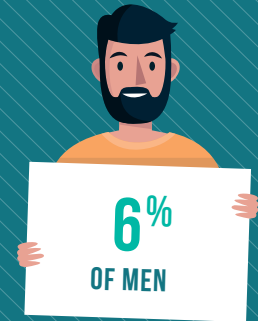
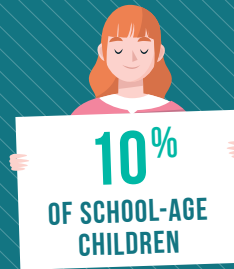
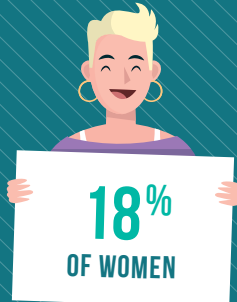
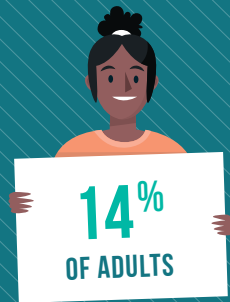
of people mistake a migraine attack for a sinus headache

<50%

of people with migraine consult a health care provider



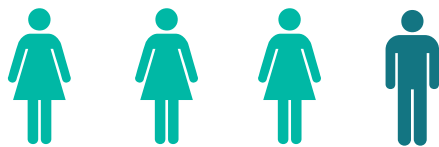
WHO DOES MIGRAINE AFFECT?



Families: If you have migraine disease, your child has a 50% risk of developing migraine too.

IMPACT ON WOMEN

Migraine affects women and men differently.



3 OUT OF 4
people with migraine are women



Because migraine is more prevalent in women, some perceive it as a feminized and less legitimate disease.

Migraine disease reaches peak prevalence in women during their 20s and 30s, when many women are balancing work, family, and social obligations.

Women are more likely to have:



Longer migraine attacks



Harder to treat attacks



More migraine-related symptoms



Higher levels of disability