Treatment options to improve fertility in women living with fibroids vary on a case-by-case basis. Ask your provider about the minimally invasive and fertility-friendly treatment options that might be appropriate for you.

While science does not completely understand the mechanisms that impact fertility, health care providers are knowledgeable about how to support maternal and infant health throughout pregnancy.

The most important thing you can do while pursuing pregnancy is to have continued conversations with your doctor. You might have to adjust your treatment regimen or stop your medications for managing your fibroids during this time. Your health care team can help you determine a plan for safe conception and a healthy pregnancy.