SELECT REFERENCES

In-text Citations

- 1. Takahashi TA, Johnson KM. Menopause. Med Clin North Am. 2015 May;99(3):521-534.
- 2. Periods Don't Stop for Pandemics. The World Bank. https://www.worldbank.org/en/news/feature/2020/05/28/menstrual-hygiene-day-2020 Accessed 18 Feb 2022.
- 3. State of Menopause Survey, Bonafide. https://hellobonafide.com/pages/state-of-menopause Accessed 18 Feb 2022.
- 4. Avis NE, Crawford SL, Greendale G, et al. Duration of Menopausal Vasomotor Symptoms Over the Menopause Transition. JAMA Intern Med. 2015 Apr;175(4):531-539.
- 5. Green R, Santoro N. Menopausal Symptoms and Ethnicity: The Study of Women's Health Across the Nation. Womens Health (Lond). 2009 Mar;5(2):127-133.
- 6. Paramsothy P, Harlow SD, Nan B, et al. Duration of the Menopausal Transition is Longer in Women with Young Age at Onset: The Multiethnic Study of Women's Health Across the Nation. Menopause. 2017 Feb;24(2):142-149.
- 7. Avis NE, Crawford SL, Green R. Vasomotor Symptoms Across the Menopause Transition: Differences Among Women. Obstet Gynecol Clin North Am. 2018 Dec;45(4):629-640.
- 8. Angelou K, Grigoriadis T, Diakosavvas M, et al. The Genitourinary Syndrome of Menopause: An Overview of the Recent Data. Cureus. 2020 Apr 8;12(4):e7586.
- What Women Need to Know. Bone Health & Osteoporosis Foundation. https://www.bonehealthandosteoporosis.org/preventing-fractures/ general-facts/what-women-need-to-know Accessed 18 Feb 2022.
- 10. Cauley JA, Wu L, Wampler NS, et al. Clinical Risk Factors for Fractures in Multi-ethnic Women: The Women's Health Initiative. J Bone Miner Res. 2007 Nov;22(11):1816-1826.
- 11. Women and Heart Disease. National Center for Chronic Disease Prevention and Health Promotion. https://www.cdc.gov/heartdisease/women.htm Accessed 18 Feb 2022.
- 12. ACOG Committee on Gynecologic Practice. Committee Opinion No. 565: Hormone Therapy and Heart Disease. Obstet Gynecol. 2013 Jun;121(6):1407-1410.
- 13. El Khoudary SR, Greendale G, Crawford SL, et al. The Menopause Transition and Women's Health at Midlife: A Progress Report from the Study of Women's Health Across the Nation (SWAN). Menopause. 2019 Oct;26(10):1213-1227.
- 14. Freeman EW, Sammel MD, Lin H, Nelson DB. Associations of Hormones and Menopausal Status with Depressed Mood in Women with No History of Depression. Arch Gen Psychiatry. 2006 Apr;63(4):375-382.
- 15. Ulin M, Ali M, Chaudhry ZT, et al. Uterine Fibroids in Menopause and Perimenopause. Menopause. 2020 Feb;27(2):238-242.
- Whiteley J, DiBonaventura Md, Wagner JS, et al. The Impact of Menopausal Symptoms on Quality of Life, Productivity, and Economic Outcomes. J Womens Health (Larchmt). 2013 Nov;22(11):983-990.
- 17. Women of Working Age. US Department of Labor. https://www.dol.gov/agencies/wb/data/latest-annual-data/working-women Accessed 18 Feb 2022.
- 18. Whiteley J, Wagner JS, Bushmakin A, et al. (2013). Impact of the Severity of Vasomotor Symptoms on Health Status, Resource Use, and Productivity. Menopause. 2013 May;20(5):518-524.
- 19. Bromberger JT, Kravitz HM, Chang Y, et al. Does Risk for Anxiety Increase During the Menopausal Transition? Study Of Women's Health Across the Nation Menopause. 2013;20(5):488-495.
- 20. Bromberger JT, Schott L, Kravitz HM, Joffe H. Risk Factors for Major Depression During Midlife Among a Community Sample of Women With and Without Prior Major Depression: Are They the Same or Different? Psychol Med. 2015 Jun;45(8):1653-1664.
- 21. Toffol E, Heikinheimo O, Partonen T. Hormone Therapy and Mood in Perimenopausal and Postmenopausal Women: A Narrative Review. Menopause. 2015 May;22(5):564-578.
- 22. Bromberger JT, Epperson CN. Depression During and After the Perimenopause: Impact of Hormones, Genetics, and Environmental Determinants of Disease. Obstet Gynecol Clin North Am. 2018 Dec;45(4):663-678.
- 23. Measuring National Well-being: Insights into Loneliness, Older People and Well-being, 2015. Office for National Statistics. Published 30 Sep 2015. https://www.ons.gov.uk/peoplepopulationandcommunity/wellbeing/articles/measuringnationalwellbeing/ 2015-10-01#tab-Older-people--well-being-and-loneliness Accessed 20 May 2022.

Additional References

- Aninye IO, Laitner MH, Chinnappan S, Society for Women's Health Research Menopause Working Group. Menopause
- Preparedness: Perspectives for Patient, Provider, and Policymaker Consideration. Menopause. 2021 Jun 28;28(10):1186-1191.
- Cognitive Behaviour Therapy (CBT) for Menopausal Symptoms. Women's Health Concern, https://www.womens-health-concern.org/ help-and-advice/factsheets/cognitive-behaviour-therapy-cbt-menopausal-symptoms/ Accessed 18 Feb 2022.
- Committee on Gynecologic Practice and the American Society for Reproductive Medicine Practice Committee. Committee Opinion No. 532: Compounded Bioidentical Menopausal Hormone Therapy. Obstet Gynecol. 2012 Aug;120(2 Pt 1):411-415.
- Gold EB, Crawford SL, Avis NE, et al. Factors related to age at natural menopause: longitudinal analyses from SWAN. Am J Epidemiol. 2013 Jul 1;178(1):70-83.
- Maki PM, Kornstein SG, Joffe H, et al. Guidelines for the Evaluation and Treatment of Perimenopausal Depression: Summary and Recommendations. Menopause. 2018;25(10):1069-1085.
- Sandilyan MB, Dening T. Mental Health Around and After the Menopause. Menopause Int. 2011 Dec;17(4):142-147.