

# Resources & Support Organizations

## Maternal Health Resources

4<sup>th</sup> Trimester Project: <https://newmomhealth.com/>

ACOG Sample Birth Plan Template: <https://www.acog.org/womens-health/health-tools/sample-birth-plan>

National Child & Maternal Health Education Program (NIH/NICHHD): <https://www.nichd.nih.gov/ncmhpep>

National Partnership for Women & Families Childbirth Connection: <https://nationalpartnership.org/childbirthconnection/>

PSI Your Postpartum Plan: <https://www.postpartum.net/wp-content/uploads/2023/04/PP-Plan-Updated.pdf>

SWHR Noninvasive Prenatal Screening Guide for Women: <https://swhr.org/resources/noninvasive-prenatal-screening-resource-guide-for-women/>

SWHR Women's Resource Guide to Fertility Care: <https://swhr.org/resources/womens-resource-guide-to-fertility-health-care/>

## Support Organizations

Alliance for Innovation on Maternal Health: <https://saferbirth.org/>

Black Women's Health Imperative: <https://bwhi.org/>

Expecting Health: <https://www.expectinghealth.org/>

March of Dimes: <https://www.marchofdimes.org/>

Preeclampsia Foundation: <https://www.preeclampsia.org/health-information>

Sister Song: <https://www.sistersong.net/>

SMFM High Risk Pregnancy Information: <https://www.highriskpregnancyinfo.org/>